This summer, deepen your commitment to environmental education and action. Contemplative Environmental Practice is a week-long workshop for educators and activists that explores how reflective practices—such as meditation, yoga, journal writing, art, and nature walks—can enhance our teaching and advocacy efforts.

Environmental issues are not simply political, technological, or economic dilemmas but also existential challenges that question the meaning of our individual and collective lives. Furthermore, the scale and pace of environmental degradation call on us to enhance our skills as educators and activists like never before. This workshop aims to enrich our work by facilitating dialogue between activists and professors, probing the interface between our personal and professional lives, and introducing contemplative practices for use in the classroom and in political organizing.

The workshop will take place at the Lama Foundation, an off-grid retreat center that draws its power from the sun, water from a spring, and much of its food in the summer from its organic gardens. Surrounded on three sides by the Carson National Forest, Lama is an ideal place to integrate our deepest spiritual yearnings with our professional and personal environmental commitments. No prior experience in meditation or other contemplative practices is necessary.

**Faculty:** Paul Wapner, Professor of Global Environmental Politics, American University, Kritee (Kanko), Scientist, Activist, Zen Teacher, Environmental Defense Fund, and Jeff Warren, Author and Meditation Instructor

**Sponsors:** American University’s Global Environmental Politics Program. Association for Contemplative Mind in Higher Education, Consciousness Explorers Club, Earth-Love-Go, Ibme, and RE-volv.

For more information: earthlovego.org or email info@earthlovego.org